

# CATHEDRAL CITY WEEKLY NEWSLETTER

July 18, 2019

# Community Update by Paul S. Wilson, Fire Chief

### Summer Heat Safety

Your Cathedral City Fire Department firefighters wish you an enjoyable and safe summer.

#### Protect yourself from dehydration

- Hydrate early and throughout the day. Don't wait until you are thirsty.
- Drink water or sports drinks

frequently to replenish your body fluids and restore your electrolytes.

- · Use a wide-brimmed shade hat.
- Wear sunscreen SPF 15 + and UV protective eyewear.
- Conduct yard work, shopping or recreational activities (golf, hiking or tennis) during the coolest part of the day.
- Cool down, if you get overheated (cooling your core temperature is critical).
- Get into the shade or into an air-conditioned area; use wet towels to cool the skin; set under a fan, if possible, (the evaporative effect will cool you quicker), and drink cold water.
- If you have dry skin, are not sweating, feel light-headed or dizzy, are confused and have a dry mouth or have an increased heart rate and labored breathing, call 9-1-1 for medical assistance.

For Emergencies Dial 9-1-1

Your Safety is Our Business

**NEWS** 



# Save a Life by Donating Blood – July 26

The 2019 Nine Cities Blood Drive Challenge continues! Coachella Valley communities are going head-to-head to collect the most LifeStream blood donations to assist local hospital patients and save lives! Every two seconds, someone needs blood. Here in the Coachella Valley, in



the summer months, when our population dips by about 30 percent, we experience a local blood shortage and ...Read more.



### Statement from Mayor Mark Carnevale on the Passing of Tribal Council Vice Chairman Larry N. Olinger

"We are saddened to learn of the passing of Agua Caliente Band of Cahuilla Indians Tribal Council Vice Chairman Larry N. Olinger," stated Mayor Mark Carnevale. "Since the

1960s, he has played a vital role in the successful development and governance of the tribe. We, at the City of Cathedral City, hope the fond memories and the lasting legacy of ...Read more.

**EVENTS** 



# Series - "How to Train Your Dragon"

The Cathedral City Parks and Community Events Commission, in partnership with the Mary Pickford Theatre, presents a "Free Summer Kids Movie Series" happening on every Friday at 9:30 a.m. starting Friday, June 14, 2019 thru Friday, August 2, 2019. The film series will allow free admission in order to see a different movie geared towards kids each Friday morning at ...

Read more.



#### A Summer ESkate at Desert Ice Castle

Escape the dog days of summer and cool down at a Free Summer ESkate at Desert Ice Castle on Tuesday, July 23, 2019 from 7:30 pm to 9:30 pm. ESkate allows up to 175 people to ice skate for free including skate rental on a first-come, first-serve basis. Ages 3 years and up. No RSVPs.

Although it may be 100 degrees outside, its freezing inside Desert Ice Castle. So, be sure to wear or bring warm clothes. Read more.

### 9 Cities Challenge BLOOD DRIVE If Not You, Who? If Not Now, When?

CATHEDRAL CITY
COACHELLA
DESERT HOT SPRINGS
INDIAN WELLS
INDIO
LA QUINTA
PALM DESERT
PALM SPRINGS
RANCHO MIRAGE

#### City of Cathedral City

PROUDLY HOSTED BY

#### Cathedral City Senior Center

37171 W. Buddy Rogers Ave., Cathedral City Friday, July 26 from 9 AM to 3 PM in the Cathedral City Senior Center.

All donors will receive a free movie ticket and a 9 Cities Challenge cap!



Sign up today! Call **800.879.4484** or visit <u>9CitiesChallenge.com</u>









# 9 Cities Blood Drive Challenge

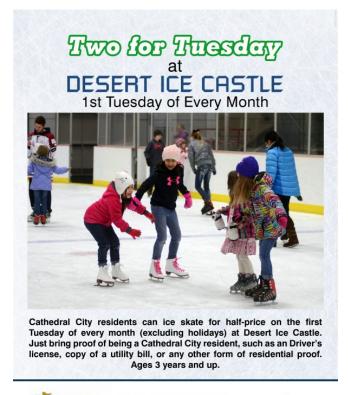
The 2019 Nine Cities Blood Drive Challenge is on! Coachella Valley communities are going head-to-head to collect the most LifeStream blood donations to assist local hospital patients and save lives! Every two seconds, someone needs blood. Here in the Coachella Valley, in the summer months, when our population dips by about 30 percent, we experience a local blood shortage ...

Read more.

#### Two for Tuesday

Cathedral City residents can ice skate for half-price on the first Tuesday of every month (excluding holidays) at Desert Ice Castle. Just bring proof of being a Cathedral City resident, such as an Driver's license, copy of a utility bill, or any other form of residential proof. Ages 3 years and up. The Time for Public Skate Available for "Two ...

Read more.





DESERT ICE CASTLE
68-600 Perez Road
Cathedral City
(760) 324-0400
info@deserticeastle.com





### Tejano Music Festival 2019

Tejano PowerHouse Entertainment, City of Cathedral City and Diaz Enterprises invites you to the 3<sup>rd</sup> Annual Tejano Music Fest in Cathedral City featuring the best Tejano music, fiesta food and spirits

on Saturday, October 12, 2019 from 5 pm to 11 pm at our new location, the Pavilion at Big League Dreams Sports Park in Cathedral City, California. You will enjoy our largest dance floor yet and the award winning Tejano musical groups, such as "Tejano Highway 281," "Grupo Artrapado," and "JR Gomez y los Conjunto Bandits," as well as local favorite, "Grupo Uniko."...Read more.

#### Halloween Spooktacular

Bring the entire family for trick or treats, DJ music, hourly kids' costume contest, and an interaction with police and fire personnel and equipment.

More than 30,000 pieces of candy will be given away. A safe-communities, Halloween event featuring the Zombie bus and blood drive. Read more.





### 6th Annual Cathedral City Hot Air Balloon Festival

The festival will bring more than 30 hot air balloons from across the United States and around the world to the Coachella Valley for a kaleidoscope of color, art, sound and enjoyment. It features balloon glows, balloon rides, LIVE musical entertainment, wine and beer garden, kid zone, food trucks, and much

more. For the latest information, go to www.HotAirBalloonFest.com Food ...Read more.

# North Pole Village at Snow Fest

This annual event captures all the holiday spirit and places it at one location with a lit Main Street at Santa's North Pole, holiday music and carolers, Santa Claus, holiday tree lighting ceremony, a 20,000 Candy Cane Drop for Kids, Snow Bubble Play for Kids, children's bike



giveaways, free movie at the Mary Pickford Theatre, free ice skating passes to ...Read more.







For Questions or Comments, Contact Chris Parman, Communications and Events Manager cparman@cathedralcity.gov

