

April 8, 2021

National Zoo Lovers Day

## Community Update

By Fire Chief John Muhr



### Tips for Hiking in the Desert Climate

1. The single most important consideration in hiking here in the valley is to stay hydrated. Like they say, the best place to store water for a hike is inside your body. Bring the amount of water with you that is appropriate for the length and intensity of your hike. Water backpack devices in our desert are highly advisable. A good rule of thumb is to pack one liter of water for every hour of strenuous hiking you plan to do, the more water the better.
2. Know Your Environment. The spring, summer, and fall months here in the Coachella Valley can be brutally hot and humid. It is imperative that you plan your hike well, which includes knowing where you are going. There are literally hundreds of miles of hiking trails here, all which vary in level of difficulty.
3. Avoid long hikes, especially in the afternoon hours when the sun is high. This is one of the most important considerations in not becoming a victim to the heat.

4. If night hiking is your plan, make sure you pack a headlamp or flashlight that is dependable with fresh batteries.
5. It is always a good idea to keep energy bars and snacks with you through your hike, even if you don't plan to eat them. Always be prepared for the worst.
6. Learn to recognize signs of heat-related illnesses. Heat exhaustion occurs when a person is exposed to high temperatures and does not properly replace their fluids. During strenuous activity, the body is especially susceptible to heat exhaustion. Heatstroke, which is a much more serious condition, is a result of the body being unable to regulate its internal temperature. Body temperatures can quickly rise to over 104°F. Heatstroke is a life-threatening emergency. It is important to take preventive measures and know how to provide first aid immediately if it does occur.
7. Wear breathable, lightweight, light-colored and loose-fitting clothing when hiking in the desert. Long sleeves and pants are recommended. Also be prepared for the weather to change suddenly, so bring layers.
8. Responding to a snake bite. While most snakes are not venomous, we have more than our share of those that are. If a venomous snake bites you, call 911 immediately, especially if the bitten area changes color, begins to swell or is painful. Many emergency rooms stock antivenom drugs, which may help you. If possible, take these steps while waiting for medical help:
  - Move beyond the snake's striking distance.
  - Remain still and calm to help slow the spread of venom.
  - Remove jewelry and tight clothing before you start to swell.
  - Position yourself, if possible, so that the bite is at or below the level of your heart.
  - Clean the wound with soap and water. Cover it with a clean, dry dressing.

#### **THE DONT'S:**

- Don't use a tourniquet or apply ice.
  - Don't cut the wound or attempt to remove the venom.
  - Don't drink caffeine or alcohol, which could speed your body's absorption of venom.
  - Don't try to capture the snake. Try to remember its color and shape so that you can describe it, which will help in your treatment. If you have a smartphone with you and it won't delay getting help, take a picture of the snake from a safe distance to help with identification.
9. Last of all, never hike alone. Always ensure that you let friends or family know what your plans are, and in the event that you get injured or lost, your friends will know where you were planning to hike. It's easy to pin a trailhead on your phone and share it with others to avoid confusion. It also helps rescuers know where to look. It is not enough to have a properly charged phone, it takes more preparation than that to keep you safe.

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## **COVID-19 INFORMATION**

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### **COVID-19 Info**

Get the latest on Coronavirus Disease 2019



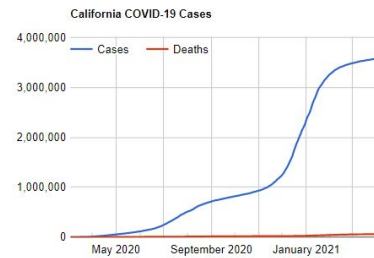


## By the Numbers:

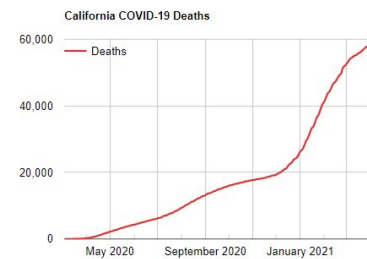
As of April 8, 2021, Cathedral City had a total of 7,058 confirmed COVID-19 cases (+49 since last week) and 107 reported deaths (+2 since last week). Other Coachella Valley cities are reporting the following:

Coachella 7,875 cases (+7), 93 deaths (+3)  
Desert Hot Springs 4,171 cases (+30), 71 deaths (+1)  
Indian Wells 192 cases (+2), 6 deaths (+0)  
Indio 12,197 cases (+33), 220 deaths (+7)  
La Quinta 3,383 cases (+11), 61 deaths (+0)  
Palm Desert 3,903 cases (+8), 117 deaths (+2)  
Palm Springs 3,702 cases (+17), 125 deaths (+3)  
Rancho Mirage 1,089 cases (+8), 49 deaths (+4)

Riverside County has reported 295,896 COVID-19 cases (+1,279), 4,454 deaths (+115), and 289,243 recovered cases (+1,549).



Larger



## NEWS



## Councilmember Rita Lamb and Teacher Matiana Rosales Read “I Know the River Loves Me” for Coronavirus Storytime

As elementary school children continue to learn partially from home during the pandemic, Councilmember Rita Lamb and Cathedral City Elementary Teacher Matiana Rosales read “I Know the River Loves Me / Yo sé que el río ama.” It is a story about respecting our rivers and not polluting these flowing lifelines that reach communities throughout the world. [Read more.](#)



## Riverside County Moves to Less Restrictive Orange Tier on Wednesday, April 7

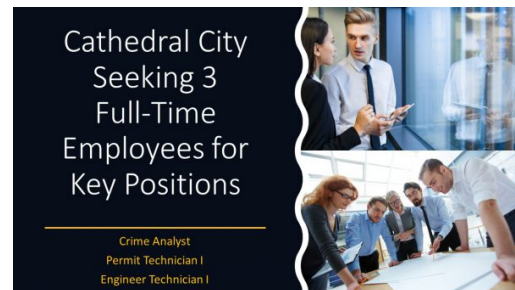
The state announced today that Riverside County will move to the less restrictive “Orange - Moderate” tier.

Please know the Orange Tier means

that the coronavirus continues to spread in the community but at much lower rates than before. Everyone should continue doing their part to wear a face covering and social distance between you and others outside of your ... [Read more.](#)

## Cathedral City Hiring for Three Full-Time Positions – Apply Now

The City of Cathedral City has announced three job openings for full-time positions and seeks qualified applicants. They include Crime Analyst, Permit Technician I, and Engineer Technician I. Besides salary, the positions also provide health insurance, pension, educational reimbursement, paid vacation days, and other incentives. [Crime Analyst Download Announcement Permit Technician I Download Announcement Engineer Technician I ... Read more.](#)



## Governor Proposes Opening the Entire California Economy on June 15





From the California Department of Public Health: As we reach 20 million vaccines administered and COVID-19 case rates and hospitalizations have stabilized, California is looking to move beyond the Blueprint for a Safer Economy to fully reopening our economy. On June 15, all businesses across the state can return to usual operations with common-sense risk reduction measures such as masking ... [Read more.](#)

## “The Passages” Art Sculpture Installed at Panorama Park

Last fall, the City Council approved the recommendation of the Cathedral City Public Arts Commission to install a new art sculpture at the northeast corner of Panorama Park, located at the corner of Avenida Maravilla and Peladora Road. Entitled, “Passages,” the art sculpture created by Steve “Shig” Shigley honors the sacrifices of law enforcement and first responders. It represents life ... [Read more.](#)



## Cathedral Canyon Drive Resurfacing Project Completed

Crews from Petrochem Materials Innovation (PMI) finished the slurry resurfacing of Cathedral Canyon Drive from East Palm Canyon Drive intersection to Perez Road. This was the final segment of a nearly \$285,000 slurry project that resurfaced Cathedral Canyon Drive from Terrace Drive in the Cove neighborhood down to Perez Road as well as several other residential streets in the lower ... [Read more.](#)

## Riverside County Expands COVID-19 Vaccination Eligibility to Anyone 16 Years and Older

Teenagers aged 16 and 17 years must be accompanied by parent or legal guardian to get immunization. Riverside County health officials are expanding the eligibility for those who want to get vaccinated at the four county-run clinics to those 16 and older, effective Tuesday, April 6, 2021. The change will open vaccine eligibility to hundreds of thousands of ... [Read more.](#)

FREE COVID-19  
VACCINATIONS

16+ Years  
Eligible Now

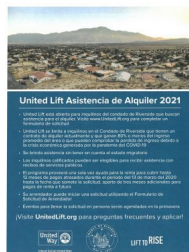


FY 2021-2022 ANNUAL ACTION PLAN  
FIFTH PROGRAM YEAR

## Cathedral City Seeking Public Input on Its CDBG Annual Action Plan

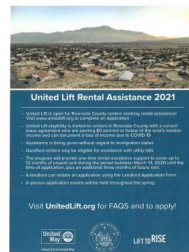
The City of Cathedral City is seeking public input over the next thirty days on its Community Development Block Grant (CDBG) Annual Action Plan (AAP). The FY 2021-2022 AAP is the fifth and final year of the City's Five-Year Consolidated Plan. Cathedral City is an entitlement city that receives funding from the United States Department of Housing and ... [Read more.](#)

## EVENTS



VEN ÚNETE A  
NOSOTROS y obtén  
AYUDA PERSONAL  
10 DE ABRIL  
de 10-3

CATHEDRAL CITY'S  
AMPHITHEATRO  
CATHEDRAL CANYON  
y LALO GUERRERO



COME JOIN US and get  
IN PERSON HELP  
APRIL 10th  
From 10-3  
CATHEDRAL CITY'S  
AMPHITHEATRO  
CATHEDRAL CANYON  
and  
LALO GUERRERO

## COVID-19 Rental Relief Application Assistance Pop-Up Event in Cathedral City

En Español: <https://www.unitedlift.org/esp> The economic fallout brought on by COVID-19 continues to negatively impact communities through Riverside County. In response, United Lift—a joint effort by Lift to Rise, Inland SoCal United Way, and the County of Riverside—announced that new rental assistance resources will soon become available to keep Riverside County families housed... [Read](#)

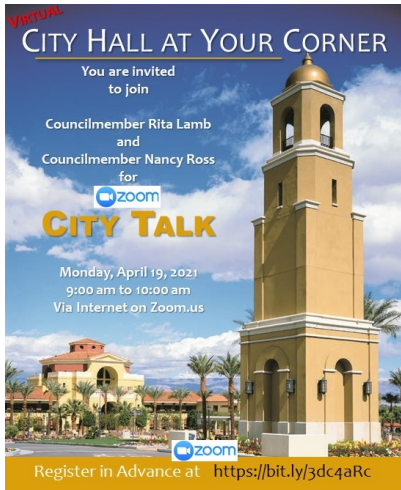
[more.](#)



## “Coffee with the Chief” Scheduled for April 12 - Register Now

The City of Cathedral City is hosting a new monthly event called, “Coffee with the Chief” that will provide an opportunity for the community to discuss issues about

public safety in an informal manner with our two public safety leaders. The conversation will rotate monthly between Police Chief George Crum and Fire Chief John Muhr.... [Read more.](#)



## “City Hall at Your Corner” Happens April 19th – Register Now

Register now for March’s virtual “City Hall at Your Corner” as Councilmembers Rita Lamb and Nancy Ross host the event for an informal discussion of issues in Cathedral City. This virtual event will take place on Monday, April 19, 2021 from 9:00 am to 10:00 am on Zoom.us. You must register for the event in advance... [Read more.](#)



## Dinner with Patsi Fundraiser for the Boys and Girls Club of Cathedral City

Patsi is looking to raise some “green” for the Boys and Girls Club of Cathedral City this spring during the monthly “Dinner with Patsi” charity benefit. Prior to Wednesday, April 21st, call Sammy's Place at (760) 770-4030 and order one of three meal choices listed in the picture, then on Wednesday, April 21st, go to Sammy's Place to pick-up ... [Read more.](#)

## First Fridays Art Walk on Perez Road

Looking for an opportunity to walk and view some amazing art at the same time? Then come wearing your face mask and social distance at the First Fridays Art Walk on Perez





Road from 5 pm to 8 pm. The nine art galleries are located at 68845 & 68895 Perez Road in the “H” and “I” buildings. Due to ... [Read more.](#)

**HELP SAVE LIVES**

SCHEDULE YOUR APPOINTMENT TO GIVE BLOOD!

SUPPORT OUR COMMUNITY BLOOD SUPPLY AND LOCAL PATIENTS

**LifeStream Blood Bank**  
GIVE HOPE. GIVE LIFE. GIVE BLOOD.  
800.879.4484 | LSTREAM.ORG

**LSTREAM.ORG/CCBD**

## Give the Gift of Life

To schedule an appointment, click below, call 800-879-4484 or download the LifeStream mobile app! Patients need your help. We are taking extra steps to keep donors safe.

“Click on the following link for a list Blood Drives in Cathedral City and to schedule an appointment. You may also call 800-879-4484 or download the LifeStream mobile app! Patients need your help. LifeStream is taking extra steps to keep donors safe.”

<https://www.lstream.org/ccbd/>



For Questions or Comments, Contact Chris Parman, Communications and Events Manager  
[cparman@cathedralcity.gov](mailto:cparman@cathedralcity.gov)

